

The  
**Befriending**  
Scheme



*bringing people together...*



building  
communities



## BREATHING SPACE

# COFFEE AND CAKES

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**MONDAY 18TH SEPTEMBER 2017**

**14:00 TILL 16:00**

**GUNTON COMMUNITY MEETING HALL, HOLLINGSWORTH ROAD.**

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A chance to make some friends from your local community, have some fun, try something new, and of course enjoy a slice of cake. Everyone is welcome, children included.

This is the first of a monthly held group where you can get out and mix with some different people. We will be having activities and themes for each group so make sure you give us any ideas for things you would like to do.

for more information contact:  
[verena.waldock@thebefriendingscheme.org.uk](mailto:verena.waldock@thebefriendingscheme.org.uk)  
Call 07818 267015

**Gunton Community Meeting Hall**

**Hollingsworth Road**

**Gunton**

**Lowestoft**

**NR32 4AY**

**(On the 101 bus route)**

